

NDEO Virtual Summit in Collaboration with Danscend

Mental Health in Dance: A Summit for Dance Teachers.

Saturday August 2, 2025

Virtual

CALL FOR PRESENTERS

Deadline for Submission: **May 13, 2025**

Submit online at:

<https://www.ndeo.org/Learn/Conferences/Dancer-Mental-Health-Virtual-Summit/How-To-Submit-a-Proposal>

Are you passionate about dancer mental health and well-being?

Do you have expertise, research, or practical strategies to support fellow dance educators in fostering healthier dancers—both mentally and emotionally?

Let's work together to create a healthier, more supportive future for dancers!

This virtual summit from NDEO and Danscend will equip dance teachers with knowledge, tools, and resources to support dancers' mental health, resilience, and overall well-being in studios and classrooms.

We invite all dance educators to submit proposals to present virtually at **Mental Health in Dance: A Summit for Dance Teachers.**

If you need guidance developing your topic, we encourage you to consider the following:

- Mental health awareness and advocacy in dance education
- Preventing and addressing dancer burnout and mitigating stress levels
- Building a psychologically safe and inclusive dance environment
- Body image, self-esteem, and social media's impact on dancers' engagement in the classroom
- Trauma-informed teaching in the dance studio
- Strategies for stress management and emotional regulation in dancers
- The intersection of nutrition, physical health, and mental well-being
- Cultivating resilience and positive mindset in young dancers
- Supporting neurodivergent dancers and mental health accessibility in dance
- Dance educator well-being and self-care practices
- Navigating classroom management and student behaviors

READ CAREFULLY BEFORE YOU SUBMIT

Proposal Procedures:

- 1. Presenters:** ONE "Main Contact" Presenter must submit each proposal regardless of the number of co-presenters. **NDEO will communicate primarily with the Main Contact**, who is responsible for passing on information to all co-presenters. Individuals may only submit ONE proposal as Main Contact; however, they may be co-presenters on other proposals. **All presenters must register for and attend the virtual summit.** If any presenters change after proposal acceptance, contact conference@ndeo.org immediately. NDEO reserves the right to cancel the session if presenters change, and any changes must be approved by Virtual Summit staff.
- 2. Proposal Review:** Proposals are reviewed by a committee of peer adjudicators from the NDEO membership. Presenters should expect to hear the status of their proposal no later than May 28th 2025.
- 4. NON-MEMBERS:** Session Submission Fee: A \$15 fee **MUST** be paid in order to submit your session proposal. Unpaid proposals will **NOT** be considered. There is no fee for current NDEO members
- 3. NDEO Membership and Attendance Policies:** All presenters must be (or become) NDEO members by **June 8, 2025**. All presenters must register and pay the event registration fee by **June 8, 2025**. **Fee for presenters is \$50**. Memberships must remain current through event dates. *NDEO reserves the right to cancel the session and/or remove presenters if these policies are not followed.*

All proposals require the following:

**All character limits include spaces.*

Below are the questions you will be asked in the proposal submission form. We encourage you to have an offline backup in case anything goes amiss with the form submission.

- 1. Session Title: 50-character limit** (Includes spaces. Titles that exceed the character limit will be cut off.)
- 2.) Biographies for All Presenters: 800-character limit for each bio.**
- 3. Session Description: 900-character limit.** The session description should clearly communicate the content and experience of your session to both proposal reviewers and attendees. If selected, this description will be used in Virtual Summit materials to entice attendees to come to your session.
- 4.) Consideration of the following question(s):**
 - Describe how your experiences with dance and mental health informs your session proposal work?
 - How do you plan to engage participants in a virtual format?
- 5.) Please list any training, certifications, or licenses that you have received that are relevant to the field of Mental Health/Well-being as it pertains to your proposed content.**

Review of Proposal & Presenter Deadlines

May 13, 2025 – Proposals Due

May 28, 2025 – Deadline by which Accepted Proposals Notified

June 8, 2025 – Acceptance Confirmation Deadline

June 8, 2025 – Presenter Membership Deadline

June 8, 2025 – Presenter Registration Deadline (\$50 reg fee)

August 2, 2025 – NDEO Virtual Summit

Questions? Contact conference@ndeo.org